



Primary Gastric Synovial Sarcoma in a Young Male: a Rare Case Report and Review of Literature

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Abstract

We are reporting a rare case of primary gastric synovial sarcoma in a young male. Synovial sarcoma of the stomach is a very rare tumor. The common involved sites of occurrence of synovial sarcomas are upper and lower extremities. In the English literature, only 47 cases of primary synovial sarcoma of stomach have been reported. Spindle-shaped tumor cells are the basic content of synovial sarcomas with varying degrees of epithelial differentiation. The basic classification of synovial sarcoma depends on the histological pattern and the degree of differentiation and it is classified as monophasic, biphasic, and poorly differentiated. Synovial sarcoma presents with classical chromosomal translocation where they form fusion genes of SS18-SSX1, SS18-SSX2, and SS18-SSX4. Fluorescence in situ hybridization (FISH) and reverse transcription polymerase chain reaction (RT-PCR) are the molecular analysis techniques to detect these fusion genes. As the available literature support is limited, the role of adjuvant chemotherapy, radiation therapy, and intra-operative lymphadenectomy is still unclear. However, surgical resection with clear margin is the gold standard treatment.

Keywords Synovial sarcoma · Gastric sarcoma · Young · SS18-SSX1 · Monophasic · Biphasic · GIST

Introduction

The incidence of synovial sarcoma among all soft tissue sarcomas is around 8–10% and it is considered a rare malignant tumor with origin from mesenchymal tissue [1]. The common sites of occurrence of synovial sarcoma are upper and lower extremities with rare occurrence in mediastinum, heart, liver, head, neck and gastrointestinal tract [2, 3]. Synovial sarcoma of the stomach is a very rare scenario and the commonest mistaken diagnosis is gastrointestinal stromal tumor (GIST). In the English literature, only 47 cases have been reported of primary synovial sarcoma of stomach [4–7]. Spindle-shaped tumor cells are the basic content of synovial sarcomas with varying degrees of epithelial differentiation. The basic classification of synovial sarcoma depends on the

histological pattern and the degree of differentiation and it is classified as monophasic, biphasic, and poorly differentiated. Monophasic type contains a uniform proliferation of spindle cells without epithelial component, a biphasic type contains a mixture of distinct epithelial cells and spindle-shaped cells and a poorly differentiated type contains anaplastic spindle and/or round cells. The cell of origin of synovial sarcoma is still unclear; however, they have a unique chromosomal translocation t(X;18) (p11; q11). This translocation forms fusion genes of SS18-SSX1, SS18-SSX2, and SS18-SSX4. These fusion genes are detected with molecular analysis technique like fluorescence in situ hybridization (FISH) and reverse transcription polymerase chain reaction (RT-PCR). As gastric synovial sarcoma is a rare variety, there is a paucity of literature describing role of D2 lymphadenectomy and adjuvant chemotherapy. We are reporting a case of primary synovial sarcoma of stomach in a young male.

Case Report

A 36-year-old gentleman with Eastern Cooperative Oncology Group Performance Status 1 (ECOG PS 1) with no comorbidity presented with two episodes of

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hematemesis and one episode of melena within a period of 1 month. We had advised him to undergo upper endoscopy. Upper gastrointestinal endoscopy defined an ulcero-proliferative growth involving distal part of body and antrum of stomach with complete circumferential involvement of the stomach. Scope was negotiated till duodenum 2nd part and biopsy of the lesion was sent for histopathological examination (HPE). HPE was suggestive of spindle cell tumor of stomach. For metastatic staging, we had advised him to undergo CECT (contrast enhanced computed tomography) of thorax, abdomen, and pelvis. CECT was suggestive of a growth limited to the distal part of body and antrum of stomach with no regional lymph node and distant metastasis. Case was discussed in our institutional multidisciplinary tumor board and board decided to plan for surgery. Patient was posted for surgery and intraoperative, a new finding was discovered where a tumor was found infiltrating into the mesentery of the transverse colon (Fig. 1). Thus, patient underwent radical subtotal gastrectomy with D2 lymphadenectomy with right hemicolectomy (Fig. 2). Oral liquid diet started after 72 h of surgery. Postoperative course was uneventful and he was discharged on 6th postoperative day.

Final histopathological examination was crucial in this case as features of sarcomatoid differentiation were found in the tumor measuring 9×7.5 cm. The differential diagnosis was malignant GIST (gastrointestinal stromal tumor), leiomyosarcoma, and synovial sarcoma. Immunohistochemical (IHC) analysis was carried out to rule out all possibilities. Tumor cells were strongly and diffusely positive for vimentin, CD 99 and focally positive for EMA. Tumor cells were negative for caldesmon, CD 34, CD117, C KIT, DESMIN, and DOG 1. The diagnosis of synovial sarcoma was confirmed after molecular analysis. The translocation $t(X;18)$ was detected on fluorescence in situ hybridization technique (FISH) (Fig. 3). Around 90% of synovial sarcoma possess a fusion between the SS18 gene on chromosome 18 and an

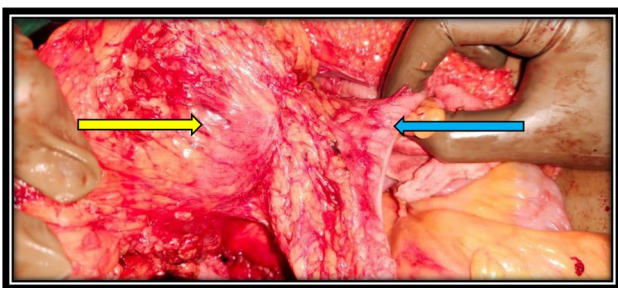


Fig. 1 Infiltration of stomach cancer into mesentery of transverse colon [stomach—marked with yellow arrow, transverse colon—marked with blue arrow]

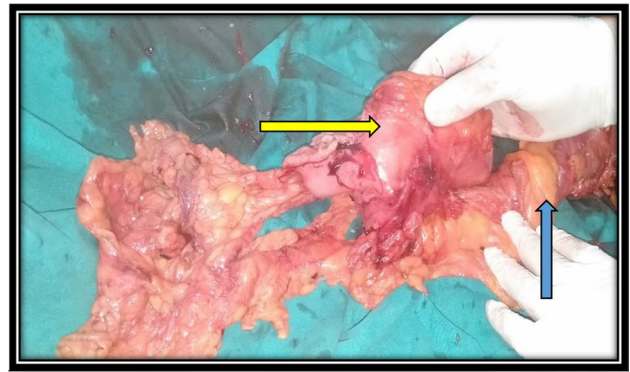


Fig. 2 Specimen of subtotal gastrectomy with right hemicolectomy [stomach—marked with yellow arrow, transverse colon—marked with blue arrow]

SSX gene found on the X chromosome. Around 42 lymph nodes were retrieved and all were free from the disease. Hence, final histopathological examination was suggestive of primary synovial sarcoma of stomach with AJCC 8th edition staging—pT4a pN0 pM0. Patient had been advised adjuvant chemotherapy of doxorubicin monotherapy. However, patient and his relatives were not willing for adjuvant chemotherapy and they opted negative consent for the same. Patient had been advised regular institutional periodic follow-up protocol (3 monthly). PET CT scan had been advised at 6 months and 1 year of completion of treatment and there was no recurrent or residual disease. After 1 year of completion of treatment, he is alive and disease free. He had been advised long-term follow-up.

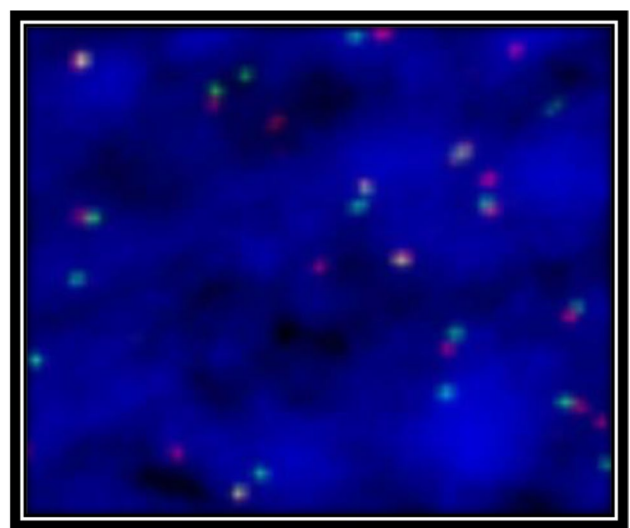


Fig. 3 FISH—18q11,2, translocation with red and green break probes

Discussion

The first case of primary gastric synovial sarcoma was reported in 2000 and then near about 47 cases reported in the English literature [8]. The typical endoscopic view of gastric synovial sarcoma is presentation of white sub-mucosal plaque with central depression. GIST presents with similar features. But, in the index case, there was an ulcero-proliferative growth measuring 9×7.5 cm with location in the body and antrum. Histopathological examination demonstrates similar features of monophasic and biphasic spindle cell in GIST tumors as like in synovial sarcoma. However, GIST tumors shows C-Kit positivity on immunohistochemistry which is absent in gastric synovial sarcoma. The diagnostic test for gastric synovial sarcoma is chromosomal translocation with formation of the fusion products of the SS18 gene combined to either SSX1, SSX2, or SSX4 gene [9]. In the index case, fusion products with translocation genes were diagnosed on fluorescence in situ hybridization (FISH) technique. Out of all the reported cases, monophasic type accounts around 89% and biphasic type accounts around 8% and poorly differentiated type has been reported in only one case [10, 11].

As it is a rare disease, literature support for the treatment of gastric synovial sarcoma is lacking. Complete margin negative surgical resection of the tumor with lymphadenectomy is the standard treatment based on NCCN and ESMO guidelines [12, 13]. We did subtotal gastrectomy with D2 lymphadenectomy as intraoperative, enlarged perigastric lymph nodes were visible. Billings et al. was the first person who reported first two cases of primary gastric synovial sarcoma in 2000 [14] followed by Makhoul et al. [15] who reported a series of 10 cases of gastric synovial sarcoma in 2008. The most common presentation of gastric synovial sarcoma is epigastric pain and anemia [16]. Our index case presented with upper abdominal pain and anorexia. IHC examination is the landmark test for diagnosis of gastric synovial sarcoma. In most of the cases of synovial sarcoma, TLE-1 is positive. However, it is not considered specific for it as it is positive in other tumors also like epithelioid sarcoma, solitary fibrous tumor, and endometrial stromal sarcoma. The confirmatory diagnostic test for gastric synovial sarcoma is detection of fusion product by fluorescence in situ hybridization (FISH) or polymerase chain reaction (PCR) [17, 18].

These tumors are commonly located in the fundus and body of stomach with median size around 5.46 cm. In the index case, tumor was located in the distal part of body of stomach and antrum with size around 9×7.5 cm. The reported 5-year survival of gastric synovial sarcoma is around 75% and 10-year survival rate is 34% [19]. The poor prognostic factor of synovial sarcoma is tumor

diameter ≥ 5 cm, microscopically positive margins, 10 thread divisions or more at 10 high-power fields [20]. Ten-year survival rate is 100% if the size of the tumor < 5 cm [21]. The index case had a very large tumor. Krupinska et al. reported that patients with synovial tumors larger than 72 mm had a significantly lower probability of survival. The rate of distant metastasis of synovial sarcoma is around 50–70% as reported by Kering et al. Hence, long-term follow for >10 years is the recommendation [22]. The drug of choice for unresectable soft tissue sarcomas is doxorubicin monotherapy and it has been found that it has useful role as an adjuvant chemotherapy for resectable localized soft tissue sarcomas [23, 24]. The role of radiation therapy has been explained in adjuvant settings for local control of the tumor [24]. However, it is not yet a recommended option.

Major cases of gastric synovial sarcoma show monophasic type. The index case had also a monophasic pattern. As the standard treatment of gastric synovial sarcoma is surgical resection, we did complete oncological resection with clear margins. The literature is lacking in demonstrating the role of adjuvant chemotherapy as the total number of reported cases are very less. We had advised him adjuvant doxorubicin monotherapy as it was infiltrating into the mesentery of the transverse colon. However, the role of adjuvant chemotherapy is still not clear and our patient also refused the adjuvant treatment. Further research and studies over primary gastric synovial sarcoma are necessary to form a consensus treatment protocol.

Conclusion

Primary gastric synovial sarcoma is a very rare disease and the only diagnostic modality to confirm its diagnosis is immunohistochemical and molecular analysis with detection of chromosomal translocation. Surgical resection with clear margin stands as the primary therapeutic modality for gastric synovial sarcoma. Role of lymphadenectomy and neo-adjuvant / adjuvant chemotherapy is still under research.

Data availability Not applicable.

Declarations

Ethics Approval Not applicable.

Consent to Participate Informed consent was obtained from the patient for being included in the study.

Consent for Publication An informed consent to publish this case was obtained from the patient.

Conflict of Interest The authors declare no competing interests.

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